

EXCLUSIVE INTERVIEW

**A**SK Marion Corns about her gastric-band surgery, and she'll describe the procedure in vivid detail.

She remembers everything – from being wheeled into the operating room and speaking with nurses as they prepped her for surgery, to awaking with the smell of anesthetic in her nose and a tight feeling in her belly.

But Marion – who's dropped an astonishing 50 pounds in the past three months – never actually had the surgery.

Thanks to an amazing new therapy, she was hypnotized into believing she'd had a real gastric band implanted to help her lose weight.

**DROPPING FROM A SIZE 20** to a size 12, the mom of three is well on her way to her target weight, and she's overjoyed.

"It's incredible – I'm walking on air!" she told The ENQUIRER in an exclusive interview. "This is the best thing that has ever happened to me.

"I'm thinner now than I've ever been, but I don't feel I'm being cheated out of anything. I still go out for a meal, I eat lasagna, paella, spicy curry dishes – even chocolate cake

# FAT TRANCE!

## WOMAN USES HYPNOTHERAPY TO DROP 50 POUNDS



**NOW**

**SIZE 12**  
Marion is on her way to her target weight



"This is the best thing that has ever happened to me"

### HERE'S HOW IT WORKS

**T**HE astonishing new approach to weight loss was developed at the Elite clinic in Spain. They're getting so many inquiries from the U.S., they plan to train therapists in the States later this year.

Clinical therapists Martin and Marion Shirran take patients through a range of powerful psychological therapies over several sessions before the hypnotherapy, which convinces patients they have a band fitted.

"That's when they're taken through a virtual-reality type experience, incorporating cognitive behavior therapy,



guided imagery, visualization and deep hypnotherapy," says Martin.

The clinic even uses authentic operating room sounds and the smell of anesthetic to make the session incredibly real for the patient.

"It's not a temporary solution," adds Martin. "The different therapies help patients rethink their whole attitude to food so they adopt a new lifestyle of healthy eating."

For more information, see [www.gmband.com](http://www.gmband.com).

**THEN**

**SIZE 20**  
Marion Corns before her procedure

